

Chemical Shifts
¹H-NMR

Type of Hydrogen	Chemical Shift (δ)	Type of Hydrogen	Chemical Shift (δ)
(CH ₃) ₄ Si	0 (by definition)		
RCH ₃	0.8-1.0	$\begin{array}{c} \text{O} \\ \parallel \\ \text{R}-\text{CO}-\text{CH}_3 \end{array}$	3.7-3.9
RCH ₂ R	1.2-1.4	$\begin{array}{c} \text{O} \\ \parallel \\ \text{R}-\text{CO}-\text{CH}_2-\text{R} \end{array}$	4.1-4.7
R ₃ CH	1.4-1.7	RCH ₂ I	3.1-3.3
R ₂ C=CRCHR ₂	1.6-2.6	RCH ₂ Br	3.4-3.6
RC≡CH	2.0-3.0	RCH ₂ Cl	3.6-3.8
ArCH ₃	2.2-2.5	RCH ₂ F	4.4-4.5
ArCH ₂ R	2.3-2.8	ArOH	4.5-4.7
ROH	0.5-6.0	R ₂ C=CH ₂	4.6-5.0
RCH ₂ OH	3.4-4.0	R ₂ C=CHR	5.0-5.7
RCH ₂ OR	3.3-4.0	ArH	6.5-8.5
R ₂ NH	0.5-5.0		
$\begin{array}{c} \text{O} \\ \parallel \\ \text{R}-\text{C}-\text{CH}_3 \end{array}$	2.1-2.3		
$\begin{array}{c} \text{O} \\ \parallel \\ \text{R}-\text{C}-\text{CH}_2-\text{R} \end{array}$	2.2-2.6		

B. Characteristic Absorptions for various Functional Groups in IR Spectra

Functional Group	Absorption(s) (cm⁻¹)	Comments
Alkyl C-H Stretch	2950 - 2850 (m or s)	Alkane C-H bonds are common and are not usually diagnostic; however, the demarkation of 3000 cm ⁻¹ should be noted: aliphatic C-H are below this value.
Alkenyl C-H Stretch	3100 - 3010 (m)	Absorption peaks above 3000 cm ⁻¹ are frequently diagnostic of unsaturation
Alkenyl C=C Stretch	1680 - 1620 (v)	
Alkynyl C-H Stretch	~3300 (s)	
Alkynyl C≡C Stretch	2260 - 2100 (v)	
Aromatic C-H Stretch	~3030 (v)	Absorption peaks above 3000 cm ⁻¹
Aromatic C-H Bending	860 - 680 (s)	
Aromatic C=C Bending	1700 - 1500 (m,m)	
Alcohol/Phenol O-H Stretch	3550 - 3200 (broad, s)	Hydrogen-Bonded Hydroxyl display an intense, broad "U" shaped appearance.
Carboxylic Acid O-H Stretch	3000 - 2500 (broad, v)	This OH stretch paired with a C=O ~ 1780-1710 cm ⁻¹
Amine N-H Stretch	3500 - 3300 (m)	Primary amines produce two N-H stretch absorptions, secondary amides only one, and tertiary none.
Ether C—O Stretch	1250-1000 (s)	For ethers, alcohols and esters
Nitrile C≡N Stretch	2260 - 2220 (m)	
Aldehyde C=O Stretch	1740 - 1690 (s)	The carbonyl stretching absorption is usually one of the strongest in the spectrum. It is also one of the most common.
Ketone C=O Stretch	1750 - 1680 (s)	
Ester C=O Stretch	1750 - 1735 (s)	
Carboxylic Acid C=O Stretch	1780 - 1710 (s)	
Amide C=O Stretch	1690 - 1630 (s)	
Amide N-H Stretch	3700 - 3500 (m)	As with amines, an amide produces zero to two N-H absorptions depending on its type.